## THE HOMESTEAD AT MAPLEWOOD

## A Community of Caring

# Within The Homestead at Maplewood's welcoming community, your needs are anticipated and accommodated. Enjoy

privacy, security, and the reassurance of knowing your in-home personal care is delivered by specially trained staff in spacious, thoughtfully designed apartment homes.

Just a few steps away, inviting gathering areas offer pleasing settings for spending time with your friends or family — and for experiencing the everyday comforts of home.



#### **Assisted Living**

Personal care is delivered in the privacy of your home and is designed to help you maintain your highest levels of health and independence. You'll have peace of mind knowing that should your health needs change, the level of care you receive will adjust too. Aging with grace and dignity within your familiar surroundings is entirely possible as we provide higher levels of care and a comprehensive range of services. An on-site licensed nurse coordinates individualized care and assures in-home services are delivered when and how you'd like with our **Fee for Service payment model**.

#### Health Care Services

- Registered Nurse on site 40 hours/week and on call 24 hours/day
- Support Nurse on-site 12 hours/day
- 24 hours/day nursing assistant staffing
- Individualized plans of care
- Complimentary health assessment by a registered nurse
- On-site physician services, lab and x-ray
- Coordinated services: pharmacy, dental, podiatry, hearing, vision, psychiatry, hospice, and wound care
- Services include: medication management, assistance with bathing, transferring, dressing and grooming, continence management and more

#### **Memory Support**

Our specialized memory support program provides individualized care within a secure environment. Care coordination by a licensed nurse is included with each of our four **Personalized Health Care Packages.** 



Come see The Homestead at Maplewood for yourself. Please call to arrange a tour for you and your family. We look forward to meeting you! **651-770-3959** 



### **Assisted Living**

The Homestead at Maplewood's Assisted Living is designed to help preserve quality of life, respect for the individual and the highest level of independence. Our programs and services respond to a variety of needs, including affordable housing and health care services.

- Full Kitchenette
- Restaurant style dining with daily specials and a la carte menu
- "I'm ok" checks at lunch and dinner

#### **Memory Support**

The Homestead at Maplewood offers Memory Support in a secure, homelike setting that emphasizes activity-focused care.

- Daily housekeeping checks
- Robust life enrichment programming (Physical, Social, Cognitive, Spiritual and Sensory)
- Sensory Room

#### **Respite Stay**

Sometimes life's demands require you to be away. A trusted solution is at The Homestead at Maplewood where we offer the option to try a stay. A respite stay can be from 5 days to 30 days long. Your loved one will enjoy a safe and secure homelike environment with person-centered interaction and activities.

- Fully-furnished, private apartment with private bathroom
- Inviting living and dining room in each apartment
- Telephone and TV provided

### **Conveniences and Amenities**

- Choice of studio, one bedroom or two bedroom apartments
- Three healthy meals daily, and snacks
- Community dining
- Personal pendant emergency response system, as applicable
- Weekly housekeeping
- Complimentary Wi-Fi
- All utilities, except for phone and cable
- Complimentary use of laundry facilities
- Life enrichment programs and social calendar
- Community outings
- Engaging interactive computer system (iN2L)
- Healing Touch wellness therapy
- Massage Therapist
- Community spaces are available for reservation, at no charge
- Pets welcome (guidelines apply)



### **Community Attractions**

- Private Dining Room
- Beauty Salon/Barber Shop
- Luxurious Spa Tub
- Outdoor Courtyard with waterfall
- Garden and Walking Paths
- Activity Room
- Chapel
- Library
- Inviting Living Rooms



#### The Homestead at Maplewood

A Senior Living and Care Community 1890 Sherren Ave E Maplewood, MN 55109 homesteadatmaplewood.org Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need. We touch the lives of almost 2 million people each year.

